



**2010 Freestyle Junior Olympics
Waterville Valley, NH
March 8 – 14, 2010**



Waterville Valley Freestyle JO's 2010: Ski Free or Die!

Congratulations on qualifying for the 2010 Freestyle Junior Olympics! Waterville Valley Academy and BBTS Ski Club are looking forward to hosting all the talented juniors from around the country. This year, in reverence to the beautiful state of New Hampshire, we have modified the state slogan "Live Free or Die" and applied it to our Junior Nationals. Our state motto manages to define a state full of people who are resilient, defiant and refuse to be defined by what the rest of the country thinks. I like to think that the same principles apply to freestyle skiers throughout the world. Freestyle skiing isn't about being the same or doing the same things as everyone else on skis. It is a way of projecting your individuality and creativity. As hosts of the Junior Olympics, we want to encourage you to keep promoting those principles by training, competing and having fun with freestyle skiing!

To those ends, we have been working hard to make this year's experience rewarding and enjoyable for you, the athlete. Not only will we provide outstanding freestyle venues for you to train and compete on, but we have also organized several exciting social opportunities for you to gather with your peers and enjoy each other's company. We dedicate this Junior Olympics to all JO athletes and their families. Please join us for a week of fun, friends and freestyle!

Ski Free or Die!

Your Junior Olympic Event Manager,
Marissa Preston

WELCOME TO THE 2010 FREESTYLE JUNIOR OLYMPICS!

Here are some important points about the events this week:

- **YOUR BIB IS YOUR ENTRY INTO ALL EVENTS AND ACTIVITIES!** Please do not lose your bib. Please keep it with you at all times. This will get you into ALL social events as well!
- **BE PREPARED! SIGN UP EARLY FOR ALL ACTIVITIES!** Please sign up early for dodge ball and the rail jam at the registration booth.
- **YOUR LIFT CREDENTIAL WILL NOT BE ACTIVATED UNTIL WE RECEIVE AN ORIGINAL, SIGNED COPY OF THE REQUIRED WAIVERS!** Faxes and scanned copies will not be accepted. Waivers can be signed at the registration desk.
- **ALL AWARDS WILL BE GIVEN OUT AT THE END OF EACH COMPETITION AT THE BASE OF THE MOUNTAIN!** This includes age class awards.
- **ORDER YOUR 2010 JO SWEATSHIRT ONLINE TO GUARANTEE AVAILABILITY!** A limited quantity of sweatshirts will be available at the registration booth, but when they are gone, they're gone!

THE SOCIAL CALENDAR

Day	Event	Where	Time
Tues, March 9	Opening Ceremonies	Town Square	7 – 8pm
Wed, March 10	Dodge Ball Tourney	WV Rec Center	6:30-8:30pm
Thurs, March 11	Pizza Party	WV Base Lodge	4 – 7pm
Thurs, March 11	Rail Jam	WV Terrain Park	5 – 7pm
Fri, March 12	Banquet	WV Conference Center	6 – 9pm

VISIT OUR WEBSITE AT WWW.FREESTYLEJO2010.ORG FOR MORE INFO!



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DATE	EVENT	LOCATION	ACCESS
Mon, March 8, 2010	Athlete Arrival	Base Lodge	N/A
Tues, March 9, 2010	Registration & Training	Ski Resort	N/A
Wed, March 10, 2010	Halfpipe Competition	Exhibition Terrain Park	Walk/Ski
Thurs, March 11, 2010	Slopestyle Competition	Exhibition Terrain Park	Walk/Ski
Friday, March 12, 2010	Mogul Competition	True Grit Mogul Course	Ski only
Saturday, March 13, 2010	Aerial Competition	Phil's Hill Air Site	Walk/Ski
Sunday, March 14, 2010	Dual Mogul Competition	True Grit Mogul Course	Ski only

Organizing Committee	
Event Manager	Marissa Preston
Phone	603-236-7987
Email	marissa@wvbbts.org
Fax	603-236-9906
Internet	www.freestylejo2010.org
Mail	PO Box 876, Campton, NH 03223

Event:	2010 Freestyle Junior Olympics
Technical Delegate	Karl Adams
Chief of Competition	Mark Sellingham
Chief of Course - Moguls	Richie Morgan
Chief of Course - Aerials	Wesley Preston
Chief of Course - Halfpipe	Greg Ruppel
Chief of Course - Slopestyle	Dan Shuffleton
Head Judge	Scott Lounsbury
Judges	Wendy Lana, Don Ramirez, Chuck Search, Sharon O'Connor, Polina Knayzev, Jack Weir, Sarah Simson
Data/Results	Jack Boyczuk
Results Available	www.freestylejo2010.org
Event News and Information	www.freestylejo2010.org
Ski Area Website	www.waterville.com

Lodging Details in Waterville Valley:

**Waterville Central Reservations
1-800-GO VALLEY**

Call the above number to receive the best prices on lodging in the Valley. Make sure to mention that you are with the Freestyle Junior Olympics! IMPORTANT: In order to receive discount parent and family lift tickets, you MUST book your lodging through 1-800-GO-VALLEY so the ski area knows you are with the Junior Olympic group!



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Schedule of Events

Monday, March 8, 2010

2:00pm - 5:00pm Registration – Sun Room in the Base Lodge at Waterville Valley Resort

Tuesday, March 9, 2010

8:00am - 4:00pm Registration – Sun Room in the Base Lodge at Waterville Valley Resort
9:00am Lifts open
10:00am - 12:30pm Halfpipe Open for Training / Exhibition Terrain Park
12:30pm Halfpipe Course Review - Bottom of Halfpipe
12:45pm - 3:00pm Halfpipe Training
10:00am - 1:00pm Slopestyle Training / Exhibition TP
1:00pm Slopestyle Course Review - Bottom of TP
1:15 pm - 3:00pm Slopestyle Training
4:30pm Halfpipe Draw (Waterville Valley Academy Multi-purpose Room)
7:00 - 8:00pm Opening Ceremonies- Town Square

Wednesday, March 10, 2010

8:00am - 4:00pm Registration – Sun Room in the Base Lodge at Waterville Valley Resort
9:00 am Lifts Open
9:15am - 9:30am Halfpipe Inspection / Exhibition Terrain Park
9:30am - 10:30am Halfpipe Training
10:30am - 10:45am Halfpipe Course Maintenance
10:45am Halfpipe Forerunners
11:00am Halfpipe Competition
10:30am - 3:30pm Slopestyle Training / Exhibition TP
3:30pm Slopestyle Course Review Bottom of Slopestyle/ Exhibition TP
11:00am - 2:30pm Mogul training / True Grit
(Women: 11am – 12:30pm, Men: 12:45pm – 2:30pm)
11:00am - 12:00 Aerial Shaping/ Chop
12:00am - 2:00pm Aerial Training
2:00pm Aerial Course Review/ Knoll of Air Site
2:30pm Mogul Course Review/ Bottom of Mogul Course
½ hour after comp Awards at the Base of the Mountain
5:45pm - 6:30pm Slopestyle Draw (Waterville Valley Academy Multi-purpose Room)
6:30pm - 8:30pm Dodgeball Tournament (WV Recreation Center)

Thursday, March 12, 2009 (last day to purchase banquet tickets!)

8:00am - 4:00pm Registration – Sun Room in the Base Lodge at Waterville Valley Resort
(last chance to purchase Banquet tickets.)
9:00am Lifts Open
9:15am - 9:30am Slopestyle Inspection / Exhibition TP
9:30am - 10:30am Slopestyle Training
10:30am Slopestyle Course Maintenance
10:45am Slopestyle Forerunners
11:00am Slopestyle Competition
11:00am - 2:30pm Mogul Training / True Grit
(Women: 11am – 12:30pm, Men: 12:45pm – 2:30pm)
2:30pm Mogul Course Review/ Bottom of Mogul Run, True Grit
11:00am - 1:30pm Aerial Training
1:30pm Aerial Course Review/ Knoll of Air Site
½ hour after comp Awards at the Base of the Mountain
4:00pm – 7:00pm Pizza Party at the WV Base Lodge
5:00pm – 7:00pm Rail Jam
5:45pm - 6:45pm Mogul Draw (Waterville Valley Academy Multi-purpose Room)



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Friday, March 12, 2010

7:00am - 4:00pm	Registration – Sun Room in the Base Lodge at Waterville Valley Resort
8:00am	Lifts Open
8:15am	Mogul Inspection / True Grit
8:15am - 9:15am	Mogul Training (Women: 9:15 – 9:45am, Men: 9:45am – 10:15sm)
9:15am - 9:30	Mogul Course Maintenance
9:30am - 9:45am	Mogul Forerunners
9:45am	Mogul Competition
11:00am - 2:00pm	Aerial Training
2:00pm	Aerial Course Review / Knoll of Air site
½ hour after comp	Awards at the Base of the Mountain
6:00pm	Banquet (WV Conference Center)
8:00pm - 9:00pm	Aerial Draw (Basement of WV Conference Center)

Saturday, March 13, 2010

8:00am – 10:00am	Registration – Sun Room in the Base Lodge at Waterville Valley Resort
8:00am	Lifts Open
9:00am - 9:15am	Aerial Inspection
9:15am – 9:45am	Women's Aerial Training
9:45am - 10:00am	Aerial Course Maintenance
10:00am -10:15am	Aerial Forerunners
10:15am – 12:30am	Women's Aerial Competition
11:00am - 2:30pm	Dual Mogul Training/ True Grit
12:30 – 1:00pm	Men's Aerial Training
1:00 – 1:15pm	Aerial Course Maintenance
1:15pm	Men's Aerial Competition
2:30pm	Dual Mogul Course Review/ Bottom of Moguls
½ hour after comp	Awards at the Base of the Mountain
5:45pm - 6:45pm	Dual Mogul Draw (Waterville Valley Academy Multi-purpose Room)

Sunday, March 14, 2010

8:00am	Lifts Open
8:00am - 4:00pm	Registration – Sun Room in the Base Lodge at Waterville Valley Resort
8:30am - 8:45am	Dual Mogul Inspection / True Grit
8:45am - 9:45am	Dual Mogul Training
9:45am - 10:00am	Dual Mogul Course Maintenance
10:00am - 10:15am	Dual Mogul Forerunners
10:30am	Dual Mogul Competition
½ hour after comp	Awards at the Base of the Mountain



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Additional Information**



REGISTRATION BOOTH – MEET HEADQUARTERS

Registration and the Meet Headquarters will be located at the Sun Room on the 2nd Floor of the Waterville Valley Base Lodge. See the schedule for hours of operation. You will be able obtain the following throughout the course of the week:

- Welcome Packet
- Athlete Goodie Bag
- Bib
- Athlete Lift Credential
- Discounted family lift ticket vouchers
- Family Banquet Tickets
- Event Results
- General Information

LIFT TICKETS

ATHLETES: You will receive a credential that will serve as lift tickets for Tuesday, March 9 – Sunday, March 14. **IMPORTANT: YOUR LIFT CREDENTIAL WILL NOT BE ACTIVATED UNTIL WE RECEIVE AN ORIGINAL, SIGNED COPY OF THE WATERVILLE VALLEY SKI AREA WAIVER AND THE WATERVILLE VALLEY BBTS WAIVER.**

COACHES: Consistent with USSA policies, the rule for complimentary coach lift tickets is set forth below:

- First Coach: 1 – 4 athletes
- Second Coach: 5 – 8 athletes
- Third Coach: 9 – 12 athletes
- Fourth Coach: 13 + athletes

Your lift credential will serve as entry into the banquet as well. You can pick up your credential at Registration. Your name must also be on the list as an approved coach, which was submitted to Marissa prior to arrival. Coaches in excess of the above quotas will receive discounted lift tickets at the rate of \$30 per day. **Coaches must present a current USSA Coaching License at the time you pick up your lift ticket.** Excess coaches will also be responsible for purchasing a ticket to the banquet for \$32. These can be purchased at registration.

FAMILIES: Parents and siblings can receive discounted lift tickets to Waterville Valley. The cost will be \$47 for an adult, \$37 for a teen and \$27 for a child. Pick up your lift ticket vouchers at registration and take the voucher to the ski area ticket window to purchase discounted tickets. Vouchers will be valid Tuesday – Sunday EXCEPT Friday, March 13. On Friday, go directly to the ski area ticket window to purchase a half-off ticket (\$32.50), as they are run the “Wheel of Deals” promotion every Friday. **IMPORTANT: In order to receive discount parent and family lift tickets, you MUST book your lodging through 1-800-GO-VALLEY so the ski area knows you are with the Junior Olympic group!**

LOST ATHLETE AND COACH LIFT CREDENTIALS: There will be a \$50 charge for lost coach or athlete lift pass credentials.

AWARDS

Awards for the top 3 OVERALL and by AGE CLASS will be at the base of the mountain, in front of Sport Thoma, each day. Awards will begin ½ hour after the end of competition.

OPENING CEREMONIES

Athletes and their families are invited to an opening ceremonies parade and fireworks at the Waterville Valley Town Square from 7 – 8pm on Tuesday, March 9. Athletes will march with their teams into the town square, where they will be welcomed by the Organizing Committee and Event Officials. Each team is encouraged to bring their own team flag or banner to show off their team pride. The parade of athletes will be followed by a quick welcoming speech and fireworks.



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PIZZA PARTY/RAIL JAM

All athletes are invited to a Pizza Party in the Base Lodge directly after the Slopestyle event on Thursday, March 11. This is an opportunity to refuel as we wait for the slopestyle awards to take place. Directly after awards, athletes can compete in a fun, exhibition rail jam for lots of great prizes.

DODGEBALL TOURNAMENT

All athletes are invited to participate in a Junior Olympic Dodge ball Tournament at the Waterville Valley Recreation Center from 6:30 – 8:30pm on Wednesday, March 10, 2009. Athletes must submit their teams to the registration desk by Wednesday, March 10 at 3pm. Rules for the tournament will be posted at www.freestylejo2010.org.

BANQUET

All athletes receive complimentary admission to the awards banquet at the Waterville Valley Conference Center on Friday, March 12. Competitors will be admitted by showing their bib. Families can purchase banquet tickets during online registration and also at the registration booth with supplies last. Please note that tickets are very limited.

Ticket Prices:

- Adult and Children 11 and older: \$32.00
- Children 10 and under: \$17.00

JUNIOR OLYMPIC SWEATSHIRTS

Athletes will be able to purchase the official 2010 Junior Olympic Hoodie Sweatshirt at the registration booth during the competition week, but are encouraged to purchase them online beforehand in order to guarantee availability. Sweatshirts are \$45. Supplies are very limited; get yours early! To guarantee your purchase, it is best to pre-order your sweatshirt through the online registration.

VENUE ACCESS:

While discounted lift tickets are available for family and friends (see lift tickets above), we realize that some family members may not ski and want to watch the events. Here is a listing of our venues and how you can access them:

- Halpipe: Exhibition Terrain Park – SKI OR WALK
- Slopestyle: Exhibition Terrain Park – SKI OR WALK
- Mogul Course: True Grit – SKI ONLY
 - A non-skier lift ticket can be purchased for \$20 so that you can ride the Quadzilla lift halfway up to the course. You will need to hike the remainder of the way. Please be forewarned that this is a steep and difficult hike.
- Aerial Site: Phil's Hill – SKI OR WALK (about a 20 minute hike)

Just for Coaches

TEAM LEADER MEETINGS

Team Leader Meetings will be held in the evenings at the Waterville Valley Academy Multi-purpose Room in the new academic building. To get to the Academy, turn left onto Route 49 off the mountain access road. Go past the entrance of town square. Turn right on Boulder Path Road (Golf Course is on the corner). Go ¼ mile and turn right into the large parking lot. We know it's tough to come directly to team leaders from the hill, so we will be providing light food for those (hopefully) brief meetings.

USSA MEMBERSHIPS

All coaches attending the Junior Olympics MUST have a current USSA membership and have passed the USSA background check in order to receive a credential and Official Junior Olympic Coaches' schwag. PLEASE print out your membership card by going to the USSA website and looking up your USSA number under Member look-up. Click your member link to print your card. Coaches without USSA licenses will not be allowed on the hill.